

July '10

RigDzin Dharma Foundation

322 Washington St. SE, Albuquerque
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 CENTER CLOSED	2 CENTER CLOSED	3 Center open 10-1 12:15pm Meditation
4 Center open 10-1 12:15pm Meditation	5 CENTER CLOSED	6 6:30pm Discussion Group DALAI LAMA's Birthday	7 Center Open 6pm-7:30pm 6:30pm Meditation 7:00pm White Tara Practice	8 CENTER CLOSED	9 CENTER CLOSED	10 Center open 10-1 10-11am Achi Chokyi Drolma Practice 12:15pm Meditation
11 CENTER CLOSED	12 CENTER CLOSED	13 6:30pm Discussion Group	14 Center open 6pm-7:30pm 6:30pm Meditation	15 CHOKHOR DUCHEN 1st Turning of the Wheel of Dharma	16 6:30-8:00 pm Mahamudra Teachings w/ Venerable Traga Rinpoche	17 7am-8pm "Weekend Retreat" Nyungne practice w/ Venerable Traga Rinpoche
18 7am-8pm "Weekend Retreat" Nyungne practice w/ Venerable Traga Rinpoche	19 CENTER CLOSED	20 6:30pm Discussion Group Guru Rinpoche's Birthday	21 Center open 6pm-7:30pm 6:30pm Meditation 7:00pm Lama Chopa Practice +Tsok	22 CENTER CLOSED	23 CENTER CLOSED	24 8:30-9:30 am Bodhisattva Vows with Venerable Traga Rinpoche
25 Center open 10-1 10-11am Amitabha Buddha practice with Phowa* 12:15pm Meditation	26 CENTER CLOSED	27 6:30pm Discussion Group	28 CENTER CLOSED (7/28-8/1) For Teachings with His Holiness Chetsang Rinpoche at Garchen Institute	29 CENTER CLOSED *Phowa practice requires prior instruction and transmission (lung). **Vajrayogini Practice requires empowerment	30 CENTER CLOSED	31 CENTER CLOSED